Bella Insch AThR is a visual artist with an ongoing studio-based practice. Bella is a ceramicist working predominantly in sculptural works. Bella grew up in and is delighted to practice on Yuin Country, where she has set up a ceramics and art therapy studio in Pambula, NSW. She holds a Graduate diploma and Master of Art Therapy as well as a bachelor's degree in visual arts (Majoring in sculpture and drawing). Bella is a member of the LGBTQIA+community & she runs classes, workshops, and open studio tours at Brush with Clay Studio. Her work explores the complexities of human interactions, attachment, longing and loss.