

## CV ~ Bella Insch

*Born:* 30 September 1977, Bega, NSW.

Education: Currently Dialectical Behaviour Therapy intensive – Behaviour tech.  
2015 Cert. 3 Small Business Management.  
2013 Master of Art Therapy.  
2011 Graduate Diploma of Art Therapy.  
2009 Diploma of Community Development  
2007 Bachelor of Visual Arts  
2003 Film Production Cert. 3.

Exhibitions: Currently - Porcelain Wall Sculptures. Mechanics Botanics, Pambula NSW

Currently - Porcelain Wall Sculptures. Precinct Gallery, Berry, NSW

Currently – Porcelain Tableware and Objects. Black Daisy Trading, Pambula NSW

2023 Motel Art Fair, Bermagui, NSW

2022 Not the Only Clay in the Village. The Canberra Potter's Society, Watson, ACT

2022 UnEarthed, Spiral Gallery Bega, NSW

2022 Plethora of Postcards, Spiral Gallery, Bega. NSW

2021 Plethora of Postcards, Spiral Gallery, Bega. NSW

2018 International women's day group Mural, Monaro gallery workshop and Garema Place Canberra, ACT

2016 Plethora of Postcards, Spiral Gallery, Bega. NSW

2015 Plethora of Postcards, Spiral Gallery, Bega NSW

2013 Up and down around town, Piece Gallery, Mullumbimby, NSW

2013 Art for the Heart, Yarra Gallery, Federation Square. VIC

2013 Art in house: Kinship ties of Creativity: Past Present and Future Exhibition, University of Western Sydney, Parramatta, NSW

2012 Art for the Heart Tobin Brothers Spirit of life Chapel, Frankston. VIC

2010 Linden Postcard's Show, ST KILDA, VIC

2009 The Alumni Exhibition, Next Gallery, Lismore, NSW

2008 Post Cards from... The Alleyway Gallery, Lismore. NSW

2007 1001 Journals Project, Online journal  
[www.1001journals.com/journals/1646/](http://www.1001journals.com/journals/1646/)  
2007 Christmas Group Show, Art Piece Gallery, Mullumbimby, NSW  
2007 So Bright it Hurts, The Alleyway Gallery, Lismore. NSesW  
2007 Preview, The Alleyway Gallery, Lismore. NSW  
2006 Liam Bruce and Friends, Harry High Pants Studio, Byron Bay.  
NSW  
2005 This place... my town, community Art, C.A.S.E Piece Gallery,  
Mullumbimby, NSW  
2003 Pepper's Summer Sculpture Show, Peppers Casuarina,  
Coorabell - Byron Bay, NSW  
2002 *Roar Exit* Graduation Exhibition Southern Cross University,  
Lismore, NSW  
2001 Smalls, Waywood Gallery, Byron Bay. NSW  
2001 Premier *Short Film Event*, The Winsome Hotel, Lismore. NSW  
2000 3d on the Wall, Southern Cross University Art Museum,  
Lismore, NSW  
2000 Exhibition & Performance: "prelude to you & I" The Old  
Chocolate Factory, Lismore. NSW (artists run space).  
1999 Studio, Thursday Plantation East Coast Sculpture Show Ballina.  
NSW  
1999 Confines, Lines and Redefines, The Winsome Hotel, Lismore,  
NSW

Awards Highly Commended Postcard & Highly Commended 3 d work: This  
Place...My town Piece Gallery, Mullumbimby. NSW

Highly Commended; 'Studio' Thursday Plantation East Coast  
Sculpture Show, Ballina. NSW

Highly Commended, 3D Postcard: Up and down around town Piece  
Gallery, Mullumbimby. NSW

Residencies 2015 *Belconnen Commons: Arts lab & residency with Paul Gazzola  
and Lynda Roberts. Belconnen Arts Centre, ACT*